THE INSTITUTE

The Quality of Life Research Institute (IRQV) was established in April 1997 to promote and develop interdisciplinary research in the field of well-being and quality of life.

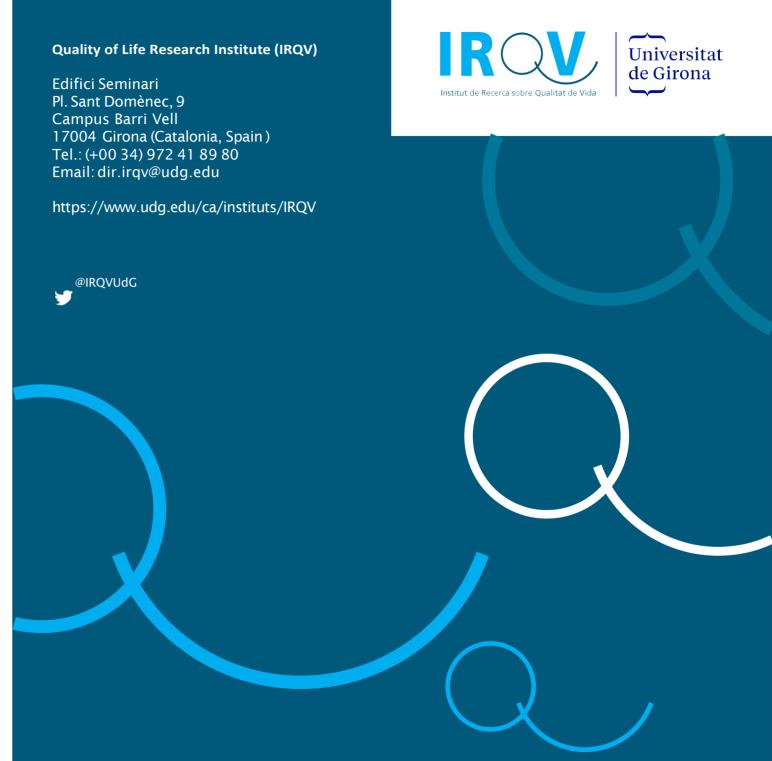
The IRQV aims to provide knowledge and tools to help respond to some of the main quality-of-life challenges of contemporary society.

In terms of quality of life linked to wellbeing, the IRQV carries out research on satisfaction and aspiration, social inequalities and citizen participation, children's rights, psychosocial intervention and quality of life, and the use of audiovisual media.

Research related to quality of life and health is carried out on substance and behavioural addictions; risky sexual and driving behaviours; emotional well-being and mental health promotion in children and adolescents; stress and pain; neurology and learning; and homelessness and housing exclusion.

Furthermore, the IRQV's research has a gender perspective, with specific lines of research that address violence against women and issues of equality.

IRQV research addresses both the general population and specific groups, including children, adolescents, young people, the elderly, health professionals, the homeless and people suffering from addictions. The results can therefore be useful for these specific groups and help to make decisions about public health and psychosocial intervention policies.



DISCOURSE, GENDER, CULTURE AND SCIENCE (DIGECIC)

Lines of research:

- Depsychopathologisation, gender and power
- Violence against women
- ©Globalisation: subjectivities, politics and memory

Members:

Dr Teresa Cabruja (coordinator)

Contact: teresa.cabruja@udg.edu

https://www.udg.edu/ca/grupsrecerca/digecic/equip-de-treball

Members: international teaching and research staff, psychology and sociology professionals, and doctoral students of the UdG.

CHILDHOOD, ADOLESCENCE, CHILDREN'S RIGHTS AND QUALITY OF LIFE (ERIDIQV)

Lines of research:

- Well-being, school satisfaction and values
- Responsible use of ICTs and social networks
- Bullying, cyberbullying, other forms of violence and social-emotional competencies
- Promotion of children's rights and protection of children
- Intervention, assessment and quality of life

Members:

Dr Ferran Casas (founder) Dr Mònica González (coordinator) Dr Sara Malo (coordinator) Dr Xavier Oriol Dr David Cámara

Contact: eridiqv@udg.edu

PSYCHOLOGY OF HEALTH (PSICOSALUT)

Lines of research:

High-risk and preventive sexual behaviours in the face of AIDS, other STIs and unplanned pregnancies
 High-risk and preventive behaviours of vehicle users and pedestrians
 Substance and behavioural addictions
 Stress, pain and quality of life
 Quality of life during ageing
 Processes of loss and grief
 Evaluation of programmes
 Emotional well-being: assessment, promotion and intervention

Homelessness, housing exclusion and health

Members:

Dr Montserrat Planes (director)
Dr M. Eugènia Gras (director)
Dr Sílvia Font-Mayolas (coordinator)
Dr Maria Aymerich
Dr Fina Patiño
Dr Mònica Cunill
Dr Sílvia Mayoral
Dr Fran Calvo

©Cognitive and emotional processes:

neurology and learning.

Contact: psicosalut@udg.edu



