

# THE INSTITUTE

The Quality of Life Research Institute (IRQV) was established in April 1997 to promote and develop interdisciplinary research in the field of well-being and quality of life.

The IRQV aims to provide knowledge and tools to help respond to some of the main quality-of-life challenges of contemporary society.

In terms of quality of life linked to well-being, the IRQV carries out research on satisfaction and aspiration, social inequalities and citizen participation, children's rights, psychosocial intervention and quality of life, and the use of audiovisual media.

Research related to quality of life and health is carried out on substance and behavioural addictions; risky sexual and driving behaviours; emotional well-being and mental health promotion in children and adolescents; stress and pain; neurology and learning; and homelessness and housing exclusion.

Furthermore, the IRQV's research has a gender perspective, with specific lines of research that address violence against women and issues of equality.

IRQV research addresses both the general population and specific groups, including children, adolescents, young people, the elderly, health professionals, the homeless and people suffering from addictions. The results can therefore be useful for these specific groups and help to make decisions about public health and psychosocial intervention policies.

## Quality of Life Research Institute (IRQV)

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 @IRQVudG



# DISCOURSE, GENDER, CULTURE AND SCIENCE (DIGECIC)

## Lines of research:

- ▣ Depsychopathologisation, gender and power
- ▣ Violence against women
- ▣ Globalisation: subjectivities, politics and memory

## Members:

Dr Teresa Cabruja (coordinator)

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<https://www.udg.edu/ca/grupsrecerca/digecic/equip-de-treball>

Members: international teaching and research staff, psychology and sociology professionals, and doctoral students of the UdG.

# CHILDHOOD, ADOLESCENCE, CHILDREN'S RIGHTS AND QUALITY OF LIFE (ERIDIQV)

## Lines of research:

- ▣ Well-being, school satisfaction and values
- ▣ Responsible use of ICTs and social networks
- ▣ Bullying, cyberbullying, other forms of violence and social-emotional competencies
- ▣ Promotion of children's rights and protection of children
- ▣ Intervention, assessment and quality of life

## Members:

Dr Ferran Casas (founder)  
Dr Mònica González (coordinator)  
Dr Sara Malo (coordinator)  
Dr Xavier Oriol  
Dr David Cámara

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# PSYCHOLOGY OF HEALTH (PSICOSALUT)

## Lines of research:

- ▣ High-risk and preventive sexual behaviours in the face of AIDS, other STIs and unplanned pregnancies
- ▣ High-risk and preventive behaviours of vehicle users and pedestrians
- ▣ Substance and behavioural addictions
- ▣ Stress, pain and quality of life
- ▣ Quality of life during ageing
- ▣ Processes of loss and grief
- ▣ Evaluation of programmes
- ▣ Emotional well-being: assessment, promotion and intervention
- ▣ Cognitive and emotional processes: neurology and learning.
- ▣ Homelessness, housing exclusion and health

## Members:

Dr Montserrat Planes (director)  
Dr M. Eugènia Gras (director)  
Dr Sílvia Font-Mayolas (coordinator)  
Dr Maria Aymerich  
Dr Fina Patiño  
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