Newcomers’ Guide to the University of Girona

Survive!
Important information regarding your stay

You’ll fall for Girona
Arrival
Basic needs
University services
Emergencies
Leisure
Girona has the appeal of a big city, but it has managed to preserve the essence and charm of a village. You can stroll through the Old Quarter, which leads up to the Cathedral, visit the monuments and museums and get lost in the narrow streets, and then continue the walk through the streets and squares enjoying what’s on offer culturally, or the festivals, bars and restaurants. It’s a lively city that’s full of surprises all year round.

Girona is a city where you can lose yourself. Discover some of its special places here.
Now it's time to learn where you need to go. You are likely to have some doubts about your «Learning Agreement», such as where to submit each document. Do you remember what your faculty is? Enter your faculty and find the information you need.

Where should you go?

At the International Office (the OI in Spanish), you will be advised about all the administrative steps you must take once you have arrived at the University of Girona. The University of Girona wants to warmly welcome all international students arriving in the city. The ORE organises an Orientation & Welcoming Day to provide recent arrivals with all the information they need about the University. Although this activity is not obligatory, we recommend that you attend.

Contact

(+34) 972 41 80 28
Campus Montilivi
Check the opening times on the website.

Academic queries

The Student Information and Advice Centre (the CIAE in Spanish) provides services that complement those offered by the faculties and schools themselves. Its advises students to select the subjects they want to take before they register, find accommodation and obtain Internet access passwords, among many other things.

Faculties

Before you will find the contact details for the various faculties and schools which form part of the University of Girona:

- Faculty of Science
- Faculty of Business and Economic Sciences
- Faculty of Law
- Faculty of Arts
- Faculty of Tourism
- Faculty of Education and Psychology
- Faculty of Medicine
- Faculty of Nursing
- Polytechnic School (EPS)
- EUSES - The University School of Health and Sport
- ERAM - School of Audiovisual and Multi-media Production (ERAM)
- Euroaula School of Tourism
- University School Mediterrani
- University College of Hospitality Management and Culinary Arts Sant Pol de Mar
- Formatic Barcelona School for Higher University Studies

Academic regulations and procedures

The following link will take you to all the regulations regarding bachelor's, master's and doctoral degree studies at the University of Girona:

To resolve any questions you may have, please contact the University using this form.
Basic needs

Here you will find everything you need to survive during your Erasmus stay.

Problems with housing? Look where you can find your ideal flat.

Remember that Student discounts make riding the bus more economical.

Your bank account, with the name of the bank indicated. Fees? Which ones do you have to pay?

And finally, dare to speak Catalan!

Accommodation

The University of Girona offers different accommodation options, both for local students and international students through Girona Housing, RDA university residence halls, and RESA university residences and Unihabit habitatges Universitaris.

You can also check out the "De pis en pis" platform, which acts as an online ad wall for accommodation. University students can post their offers and demands. It is the platform of reference for local people and is completely free.

In addition, you have the opportunity to participate in the cooperation programme "Pis Amic", which consists of sharing housing with people with Down Syndrome and/ or intellectual disabilities to facilitate their emancipation. You can find more information at inclusio@udg.edu.

Transport

There is regular bus service from the airports in Barcelona and Girona to the centre of Girona. Information is available on the following web page.

Sagalés Airport Line

The public transport par excellence in Girona is the urban and inter-urban bus service. There are regular routes to the various faculties and schools of the University. You will find all the information you need at the following link.

Transports Municipals del Gironès

In addition, bicycle use is slowly increasing in our city. The Girona City Council and the University, independently but with the common aim of promoting the use of sustainable transport, provide students with separate bicycle hire services:

Girocleta (Girona City Council)

Servei de bicicletes universitàries (UdG)

Bank accounts

A commission is usually charged when you make transfers from your foreign bank account to a Spanish bank account, as well as when you withdraw money from an ATM.

For that reason, we recommend that you open a bank account with one of the national banks, to better manage your money during your stay here.

Taxes and bills

If you have found accommodation in the city, be aware that the City Council charges an annual tax for rubbish collection. This is a small amount, included in your rent.

With regards to electricity and water, the utilities companies usually send bills every two or three months.

Practice languages!

Do you know the University Conversation Guides? This interactive tool provides students participating in international exchange programs with resources that will help them communicate in various situations. You can find everything from the most frequently used expressions, to the most practical language resources when it comes to finding accommodation or requesting any formalities in public and commercial services in different languages, such as English, Basque, Russian, Chinese... You can also download the app from Guies de conversa universitària in the App Store or Google Play.

Here is a small sample:

Hi! How are you?     Hola! Com estàs?
Fine, thanks. And you?     Bé, gràcies. I tu?
See you soon!     Fins aviat!
Goodbye     Adéu
Good morning     Bon dia
Good afternoon     Bona tarda
Good night     Bona nit
How much is it?     Quant costa?
A coffee, please     Un cafè, si us plau
What is your name?     Com et dius?
My name is Maria. Nice to meet you Em dic Maria. Molt de gust
How old are you?     Quants anys tens?
I am 23 years old     Tinc 23 anys
What are you studying?     Què estudies?
I am studying engineering     Jo estudio enginyeria
Is everything alright?     Tot bé?
Yes, thank you     Sí, gràcies
You're welcome     De res

UdG
Servei de Llengües Modernes
Survive!

Newcomers' Guide

Transport

Accommodation
The University of Girona offers these services to its students.

**Contact**

You can find all the information on the contact page.

**Languages Service**

Gives the University of Girona is a photocopying service throughout the city, useful tool if you are looking for work in the city of Girona or the surrounding area. Each faculty and school of the University of Girona has a photocopying service to the University of Girona on a Europe level, acting as a nexus in collaborations with higher education institutions in other countries.

The aims of this service include representing the University of Girona in the following areas:

- **Representative**: To represent the University of Girona in the field of administration and the holding of agreements with external entities.
- **Communication**: To facilitate communication with the University of Girona for the preparation of contracts, agreements, and even for the use of the centre.
- **Educational**: To facilitate the development of educational projects supported by the University of Girona. All kind of agreements, procedures, and services are available.

**Libraries**

You can check the opening times on the website. The libraries on the Barri Vell, Montilivi and Campus de Montilivi are accessible in the different faculties and schools that are located on each of these campuses.

**Sports Service**

The best way to do this is to do sport! Do you want to disconnect and get healthy? The University of Girona offers a free elective credits and includes leisure activities.

The sports service offers the following activities:

- **Outdoor**
  - Hiking
  - Climbing, etc.
- **Indoor**
  - Gym
  - Swimming
  - Squash
- **Leisure**
  - Yoga
  - Tai Chi

You will find all the information on the website.

**Restaurants/Bars**

Girona has a restaurant/bar, where you can mend the course as a very good opportunity to get to know students from local and international students. This is an excellent way to get to know students from local and international students. Every semester the SLM also organises a language exchange programme between students of the University of Girona and other universities and countries.

**Job Bank**

The Modern Language Service (SLM) would like to accompany you during your stay in the city of Girona, with whom you can practice Catalan, Spanish or other Romance languages. Therefore, it's important to learn a little Catalan.

The SLM offers blended learning courses with the support of the Babel platform and other electronic resources. The SLM offers blended learning courses with the support of the Babel platform and other electronic resources. They're also great opportunities to exchange intercultural experiences.

These exchanges are not only good for language practice; they're also great opportunities to make good friends.

**Catalan classes**

The SLM offers blended learning courses with the support of the Babel platform and other electronic resources. Following on from the initial training you have received in the reception, or if you already have some previous knowledge of Catalan, but also about the city of Girona and how our university operates. Every semester the SLM also organises a language exchange programme between students of the University of Girona and other universities and countries.

And if you arrive after the semester has started, you have the option of following the course as a very good opportunity to begin to learn not only our language, but also about the city of Girona and how our university operates. It is a very good way to be aware that places are limited. We recommend you to fill out this form.

You can check the opening times on the website.

**Language exchanges**

Every member of the SLM organises a language exchange programme between students of the University of Girona and other universities and countries.

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Do you have a problem? It is important that you know how to contact the right person. Here are some services and the phone numbers needed to resolve any issues you may have.

**Medical emergencies**

To make an appointment with your doctor at your Primary Care Centre (CAP):

- By telephone: 93 326 89 01
- By Internet: Cita.salut

For serious problems, call the following numbers.

- Medical emergencies: 112
- CatSalut Respon (for Health queries): 061
- Hospital Dr. Josep Trueta: 972 94 02 00
- Hospital Santa Caterina: 972 18 26 00

**Civil protection**

For problems related with citizen protection, call the following numbers:

- Municipal police force: 092 - 972 419 092
- Catalan police force (Mossos): 098 - 972 181 601
- National police force: 091 - 972 486 001
- Fire department: 112 - 972 18 24 30

**Taxis**

To request a taxi or information about the service, call the following numbers:

- Taxi Girona: 872 55 10 11
- Girotaxi: 649 85 24 54
- Gi taxi: 972 22 23 23
Girona is an ideal place to enjoy a good restaurant, cultural performances and events, popular traditions and the city itself. We invite you to visit the different parts of Girona and discover a lot of different places.

Now it's time to have fun…

Restaurants

Mediterranean cuisine is considered to be among the best in the world. The following link offers a selection of restaurants that are good value for money. If you prefer, there are also references to restaurants serving international cuisine.

Restaurants in Girona

Nightlife

Despite being a small city in comparison with Barcelona, Girona has great nightlife. Various venues offer live music on different days of the week. The following link offers a list of bars, pubs and discos in the city.

Theatre, dance and music

In Girona you will find a wide variety of shows in various venues located throughout the city.

In addition, you can consult all the festivals that the city has to offer throughout the year at Girona Cultura.

Cinemas

Generally, the cinemas in Girona show films dubbed into Catalan or Spanish. This could be a good way of introducing yourself to these languages. However, you can also see films in their original versions.

Galleries

If you are into painting and photography, don’t miss the exhibitions organised at the various galleries that you will find on this web page.

Sports

Girona is an ideal location to do sport. It is rich in sporting events, such as fun runs and marathons.

In addition to what is on offer from the University Sports Service, discover the sporting life in our city by checking out this link.

Leisure