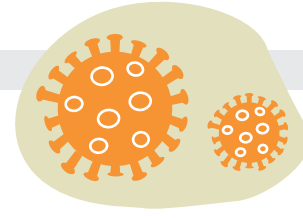


It's a disease caused by a new type of coronavirus that can affect people. It was first identified in December 2019 in the Chinese city of Wuhan, Hubei Province, China.

How can it be transmitted?

Through respiratory droplets produced when an infected person coughs or sneezes, or through, or through contaminated objects.



How long is the incubation period?

It ranges from 2-14 days.

Incubation
2-14 days

What are its symptoms?

Fever, shortness of breath, cough or general malaise. In more severe cases: pneumonia, kidney failure, and other complications.



Is there a treatment for COVID-19?

To date, there's no specific treatment, but there are many treatments to control the symptoms.

What can you do to protect yourselves?

- > Wash your hands frequently with soap and water for 20 seconds or use an alcohol-based hand rub.
- > When coughing and sneezing, cover mouth and nose mainly with disposable tissues or the inside of an elbow.
- > Avoid sharing food or utensils (cutlery, glasses, napkins, tissues...) and other objects without first cleaning them properly.
- > Avoid close contact with people who show signs of flu or cold symptoms.
- > In Catalonia, no special precautions are required with animals or food.



Wash your hands frequently.



When coughing and sneezing, cover mouth and nose mainly with disposable tissues or the inside of an elbow.



If you have come back from China, what should you do?

- If you're feeling well, no special measure is required.
- If you're feeling unwell, stay at home and call the health services to tell them you have been in China or call 061.

